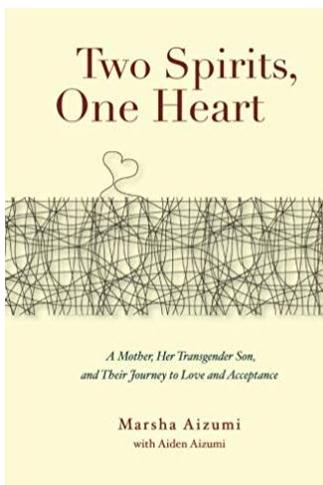


## Some Assembly Required: The Not-So-Secret Life of a Transgender Teen

By Arin Andrews with Joshua Lyon

In this revolutionary memoir, Arin details the journey that led him to make the life-transforming decision to undergo gender reassignment as a high school junior. In his captivatingly witty, honest voice, Arin reveals the challenges he faced as a girl, the humiliation and anger he felt after getting kicked out of his private school, and all the changes—both mental and physical—he experienced once his transition began. Arin also writes about the thrill of meeting and dating a young transgender woman named Katie Hill...and the heartache that followed after they broke up.

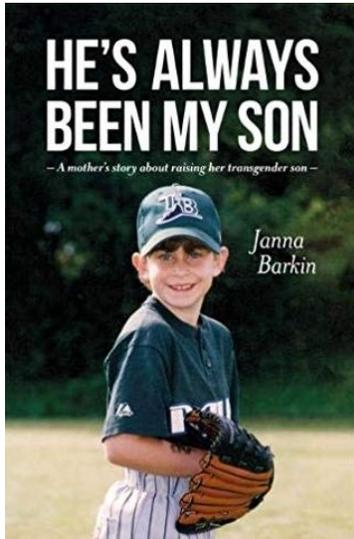
*Some Assembly Required* is a true coming-of-age story about knocking down obstacles and embracing family, friendship, and first love. But more than that, it is a reminder that self-acceptance does not come ready-made with a manual and spare parts. Rather, some assembly is always required.



## Two Spirits, One Heart: A Mother, Her Transgender Son, and Their Journey to Love and Acceptance

By Marsha Aizumi with Aidan Aizumi

In this illuminating new book, mother, educator and LGBT activist Marsha Aizumi shares her story of parenting a young woman who came out as a lesbian, then transitioned to male. *Two Spirits, One Heart: A Son's Journey and a Mother's Love* chronicles her personal journey from being the mother of her dearly desired adopted baby girl Ashley, to offering unconditional love, acceptance and support amid her child's struggles to reconcile her gender identity and follow her path to become a man, Aiden. In the process, she also becomes a passionate advocate for the greater rights of transgender, bisexual, gay and lesbian



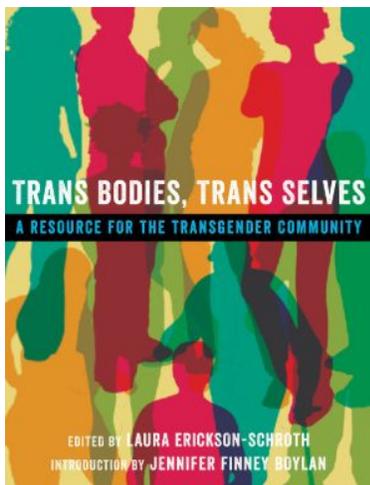
## He's Always Been My Son: A Mother's Story about Raising Her Transgender Son

By Janna Barkin

This inspiring and moving story, told from the heart of an extraordinary family, recounts the emotional and uplifting journey of raising a transgender son.

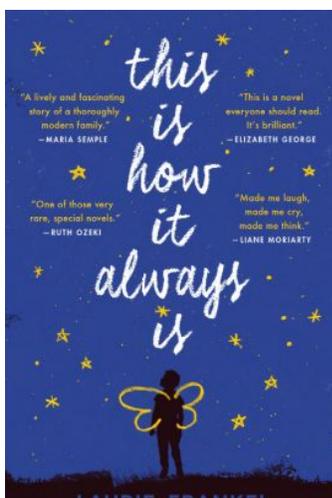
Janna Barkin's family has come a long way since their child, Amaya, first told them he was a boy and not a girl and this captivating memoir charts the family's experiences of raising Amaya, from birth through to adulthood. With powerful chapters written by Amaya's family and friends, Janna shares personal stories of the support and discoveries her family has encountered and provides a 'care package' of advice for families facing similar issues, including a glossary of terms and a list of hand-picked support sources.

Written with warmth and humor, *He's Always Been My Son* reminds us to accept others for who they are and will support, educate and inspire anyone who reads it.



## Trans Bodies, Trans Selves

*Trans Bodies, Trans Selves* (Oxford University Press, 2014) is a resource guide for transgender, gender expansive, and non-binary populations, covering health, legal issues, cultural and social questions, history, theory, and more. It is a place for transgender, gender expansive, non-binary, and gender questioning people, their partners and families, and others to look for up-to-date information on life under the trans umbrella. Read more about the book and the Trans Bodies, Trans Selves non-profit organization [here](#).

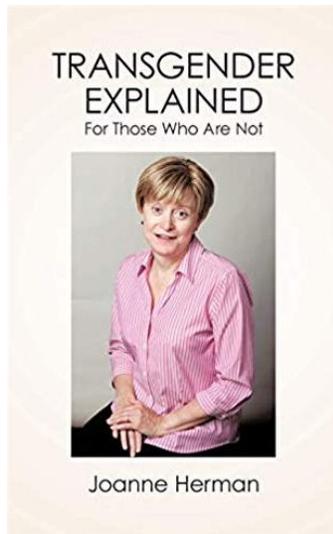


## This Is How It Always Is: A Novel

By Laurie Frankel

*This Is How It Always Is* is a novel about revelations, transformations, fairy tales, and family. And it's about the ways this is how it always is: Change is always hard and miraculous and hard again; parenting is always a leap into the unknown with crossed

fingers and full hearts; children grow but not always according to plan. And families with secrets don't get to keep them forever.



## Transgender Explained For Those Who Are Not

By Joanne Herman

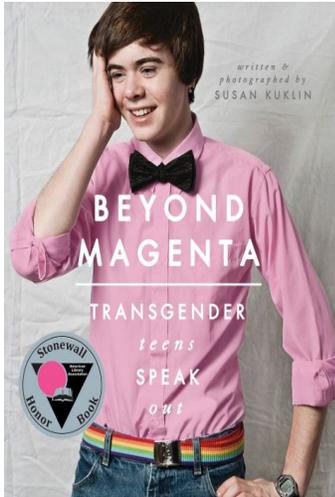
Although Joanne Herman affirmed her true gender in her late 40's, before increased transgender acceptance and understanding led to gender affirmations at much younger ages, her non-complicated explanations in *Transgender Explained* remain useful in gaining understanding of a complicated subject. Organized by topic into short, easy-to-read chapters, Joanne's book serves as a way to quickly get up to speed on what it means to be transgender.



## Being Jazz: My Life as a (Transgender) Teen

By Jazz Jennings

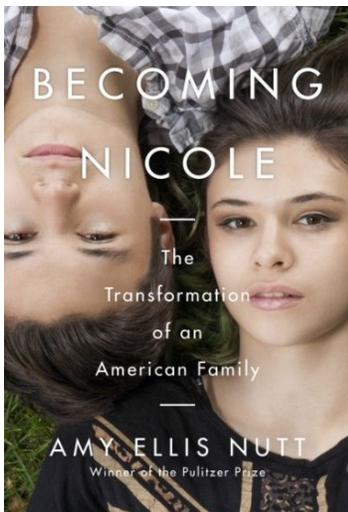
In her remarkable memoir, Jazz reflects on these very public experiences and how they have helped shape the mainstream attitude toward the transgender community. But it hasn't all been easy. Jazz has faced many challenges, bullying, discrimination, and rejection, yet she perseveres as she educates others about her life as a transgender teen. Through it all, her family has been beside her on this journey, standing together against those who don't understand the true meaning of tolerance and unconditional love. Now Jazz must learn to navigate the physical, social, and emotional upheavals of adolescence—particularly high school—complicated by the unique challenges of being a transgender teen. Making the journey from girl to woman is never easy—especially when you began your life in a boy's body.



## Beyond Magenta: Transgender Teens Speak Out

By Susan Kuklin

Author and photographer Susan Kuklin met and interviewed six transgender or gender-neutral young adults and used her considerable skills to represent them thoughtfully and respectfully before, during, and after their personal acknowledgment of gender preference. Portraits, family photographs, and candid images grace the pages, augmenting the emotional and physical journey each youth has taken. Each honest discussion and disclosure, whether joyful or heartbreaking, is completely different from the other because of family dynamics, living situations, gender, and the transition these teens make in recognition of their true selves.

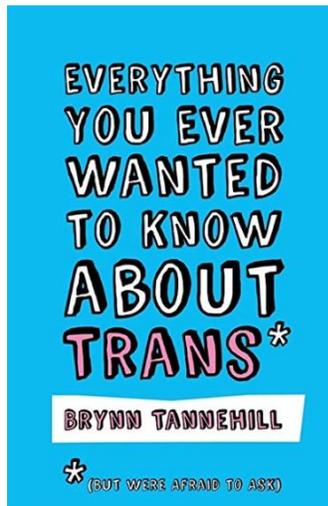


## Becoming Nicole: The Transformation of an American Family

By Amy Ellis Nutt

When Wayne and Kelly Maines adopted identical twin boys, they thought their lives were complete. But it wasn't long before they noticed a marked difference between Jonas and his brother, Wyatt. Jonas preferred sports and trucks and many of the things little boys were 'supposed' to like; but Wyatt liked princess dolls and dressing up and playing Little Mermaid. By the time the twins were toddlers, confusion over Wyatt's insistence that he was female began to tear the family apart.

*Becoming Nicole* is the heart-wrenching story of a mother whose instincts told her that her child needed love and not disapproval; of a conservative, army-veteran father who overcame his deepest fears to embrace his new daughter; of a loving brother who never gave up supporting his twin sister; and of a town forced to confront its own prejudices. More than that, however, *Becoming Nicole* is the story of an extraordinary girl who fought for the right to be herself.



## Everything You Ever Wanted to Know about Trans (But Were Afraid to Ask)

By Brynn Tannehill

Leading activist and essayist Brynn Tannehill tells you everything you ever wanted to know about transgender issues but were afraid to ask. The book aims to break down deeply held misconceptions about trans people across all aspects of life, from politics, law and culture, through to science, religion and mental health, to provide readers with a deeper understanding of what it means to be trans.

The book walks the reader through transgender issues, starting with "What does transgender mean?" before moving on to more complex topics including growing up trans, dating and sex, medical and mental health, and debates around gender and feminism. Brynn also challenges deliberately deceptive information about transgender people being put out into the public sphere. Transphobic myths are debunked and biased research, bad statistics and bad science are carefully and clearly refuted.

This important and engaging book enables any reader to become informed the most critical public conversations around transgender people, and become a better ally as a result.